

**TYSON SPRINGHILL**

**FEBRUARY 2012**

**LK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>FEBRUARY 1</b> CHICKEN STRIPS W/ FAJITA SEASONING, 1 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED APPLESAUCE, 3/8 C <b>TODS AND TWOS</b> STEAMED BROCCOLI</p>	<p><b>FEBRUARY 2</b> ITALIAN BEEF &amp; TURKEY MEATBALL SUB, 3 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ SUB ROLL, 1/2 EA TOSSED SALAD W/ GREEN LEAF &amp; SPINACH W/ CREAMY RANCH DRESSING, 1/4 C CHILLED DICED PEARS, 3/8 C <b>TODS AND TWOS</b> 3-WAY HOT MIXED VEGGIE</p>	<p><b>FEBRUARY 3</b> <b>**BAKED ZITI** NO MEAT HAS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C PEAS &amp; CARROTS, 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C</b></p>
<p><b>FEBRUARY 6</b> MACARONI &amp; CHEESE, 1/2 C SWEET TENDER PEAS, 1/4 C WHOLE WHEAT BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 7</b> HAWAIIAN BEEF &amp; TURKEY MEATBALLS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>FEBRUARY 8</b> CHEESE PIZZA, 1SL STEAMED GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE</p>	<p><b>FEBRUARY 9</b> BAKED CHICKEN PARMESAN, 1/2 C DICED CHICKEN BRST, MARINARA, MOZZ &amp; PARM CHEESES CAESAR SALAD W/ ROMAINE DRESSING &amp; PARMESAN, 1/4 C WHOLE WHEAT BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MIXED FRUIT IN JUICE 3-WAY HOT MIXED VEGGIE</p>	<p><b>FEBRUARY 10</b> CHICKEN BREAST CHUNK BONELESS WING DING, 2 EA W/ KETCHUP WHOLE WHEAT BREAD, 1/2 SL GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C</p>
<p><b>FEBRUARY 13</b> BEEF &amp; TURKEY MEATBALLS &amp; GRAVY, 3 EA WHOLE WHEAT BREAD, 1/2 SL CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 14</b> *J D WALKING TACO* NACHO MEAT, 1 OZ (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1/2 OZ TOSTITOS PC CHIPS, 1 EA GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C <b>TODS AND TWOS</b> WHL WHEAT BREAD</p>	<p><b>FEBRUARY 15</b> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA WHOLE GRAIN RICE, 1/4 C SWEET TENDER PEAS, 1/4 C WHOLE WHEAT BREAD, 1/2 SL CHILLED DICED PEACHES, 3/8 C</p>	<p><b>FEBRUARY 16</b> WHOLE WHEAT SPAGHETTI, 0 C W/ MARINARA MEAT SAUCE, 1/2 C TOSSED SALAD W/ GREEN LEAF &amp; SPINACH W/ CREAMY RANCH DRESSING, 1/4 C WHOLE WHEAT BREAD, 1/4 SL FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>FEBRUARY 17</b> CHICKEN FAJITA, 1/4 C ULTRA GRAIN 6" TORTILLA, 1 EA LO-FAT SHREDDED CHEDDAR , 1/2 OZ 3-WAY HOT MIXED VEGGIE , 1/4 C CHILLED DICED PEACHES, 3/8 C</p>
<p><b>FEBRUARY 20</b>  <b>PRESIDENTS' DAY</b>  <b>HOLIDAY !!!</b></p>	<p><b>FEBRUARY 21</b> CREAMY CHICKEN W/ PARMESAN CORN FLAKE TOPPING, 1/3 C WHOLE GRAIN BREAD, 1/2 SL MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> 3-WAY HOT MIXED VEGGIE</p>	<p><b>FEBRUARY 22</b> ITALIAN BEEF &amp; TURKEY MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C</p>	<p><b>FEBRUARY 23</b> NACHO MEAT, 1 OZ (BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ WARM SOFT FLOUR TORTILLA, 1 EA BABY CARROTS W/DIP, 1/4 C APPLE, 3/8 C <b>TODS AND TWOS</b> CARROT COINS / APPLESAUCE</p>	<p><b>FEBRUARY 24</b> BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE PATTY, 1 EA CHILLED MIXED FRUIT, 1/2 C</p>
<p><b>FEBRUARY 27</b> TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C BABY CARROTS W/DIP, 1/4 C CHILLED DICED PEARS, 3/8 C <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>FEBRUARY 28</b> LEAN BEEF HAMBURGER PATTY, 1 EA HAMBURGER ROLL, 1 EA W/ KETCHUP GREEN BEANS, 1/4 C CHILLED MIXED FRUIT, 3/8 C</p>	<p><b>FEBRUARY 29</b> CHICKEN STRIPS W/ FAJITA SEASONING, 1 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED APPLESAUCE, 3/8 C <b>TODS AND TWOS</b> STEAMED BROCCOLI</p>		

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

6 oz milk required with each meal

