

**TYSON MCLEAN**

**FEBRUARY 2012**

**BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>FEBRUARY 1</b> CHICKEN STRIPS W/ FAJITA SEASONING, 1/2 C LO-FAT SHREDDED CHEDDAR , 1 OZ ULTRA GRAIN 6" TORTILLA, 2 EA GREEN BEANS, 1/2 C FRESH APPLE, 1 EA</p>	<p><b>FEBRUARY 2</b> WHL GRAIN SPAGHETTI PASTA W/MEAT MARINARA, 3/4 C WHOLE WHEAT BREAD, 1 SL SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 PCS</p>	<p><b>FEBRUARY 3</b> CHEESE PIZZA, 2 SL FRESH BABY CARROTS W/RANCH DIP, 1/2 C CHILLED DICED PEACHES, 3/8 C</p>
<p><b>FEBRUARY 6</b> MACARONI &amp; CHEESE, 3/4 C SWEET TENDER PEAS, 1/2 C WHOLE WHEAT BREAD, 1 SL CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 7</b> HAWAIIAN BEEF &amp; TURKEY MEATBALLS, 5 EA MULTI GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH BANANA, 1 EA</p>	<p><b>FEBRUARY 8</b> WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE, 3/4 C W/ BEEF CRUMBLES, &amp; STEWED TOMATOES STEAMED GREEN BEANS, 1/2 C FRESH APPLE, 1 EA</p>	<p><b>FEBRUARY 9</b> BAKED CHICKEN PARMESAN DICED CHICKEN BRST, MARINARA, MOZZ &amp; PARM CHEESES, 3/4 C CAESAR SALAD W/ ROMAINE DRESSING &amp; PARMESAN, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH ORANGE WEDGES, 3/8 PCS</p>	<p><b>FEBRUARY 10</b> CHICKEN BREST CHUNK BONELESS WING DING, 4 EA W/ KETCHUP WHOLE WHEAT BREAD, 1 SL TOSSED SALAD W/ GREEN LEAF &amp; SPINACH W/ CREAMY RANCH DRESSING, 1/2 C CHILLED DICED PEACHES, 3/8 C</p>
<p><b>FEBRUARY 13</b> BEEF &amp; TURKEY MEATBALLS &amp; GRAVY, 5 EA WHOLE WHEAT BREAD, 1 SL CARROT COINS, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 14</b> *J D WALKING TACO* NACHO MEAT, 2 OZ ( BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ 1OZ BAG TOSTITOS GREEN BEANS, 1/2 C FRESH APPLE, 1 EA</p>	<p><b>FEBRUARY 15</b> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA WHOLE GRAIN RICE, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH BROCCOLI &amp; CARROTS W/ DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C</p>	<p><b>FEBRUARY 16</b> WHL GRAIN SPAGHETTI PASTA W/MEAT MARINARA W/ MARINARA MEAT SAUCE, 3/4 C TOSSED SALAD W/ GREEN LEAF &amp; SPINACH W/ CREAMY RANCH DRESSING, 1/2 C FRESH BANANA, 1 EA WHOLE WHEAT BREAD, 1 SL</p>	<p><b>FEBRUARY 17</b> GRILLED TURKEY SLIDERS ON WHOLE WHEAT ROLL, 2 EA SLICE CHEESE &amp; CATSUP, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEACHES, 3/8 C</p>
<p><b>FEBRUARY 20</b> CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA W/ KETCHUP SWEET TENDER PEAS, 1/2 C BREAD STICKS, 1 EA CHILLED APPLESAUCE, 3/8 C</p>	<p><b>FEBRUARY 21</b> CREAMY CHICKEN W/ PARMESAN CORN FLAKE TOPPING, 1/2 C WHOLE GRAIN BREAD, 1 SL MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA</p>	<p><b>FEBRUARY 22</b> ITALIAN BEEF &amp; TURKEY MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C</p>	<p><b>FEBRUARY 23</b> NACHO MEAT, 2 OZ ( BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA</p>	<p><b>FEBRUARY 24</b> BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 4 EA TURKEY SAUSAGE PATTY, 1 EA FRESH ORANGE WEDGES, 6 PCS</p>
<p><b>FEBRUARY 27</b> TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 28</b> LEAN BEEF CHEESEBURGER , 1 EA ON A ROLL, 1 EA SLICE CHEESE &amp; CATSUP, 1 EA SWEET YELLOW CORN, 1/2 C CHILLED MIXED FRUIT, 3/8 C</p>	<p><b>FEBRUARY 29</b> CHICKEN STRIPS W/ FAJITA SEASONING, 1/2 C LO-FAT SHREDDED CHEDDAR , 1 OZ ULTRA GRAIN 6" TORTILLA, 2 EA GREEN BEANS, 1/2 C FRESH APPLE, 1 EA</p>		

All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
8 oz milk required with each meal