

**TYSON MCLEAN**

**FEBRUARY 2012**

**LK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>FEBRUARY 1</b> CHICKEN STRIPS W/ FAJITA SEASONING, 1 1/2 OZ LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE</p>	<p><b>FEBRUARY 2</b> WHL GRAIN SPAGHETTI PASTA W/MEAT MARINARA, 1/2 C W/ MARINARA MEAT SAUCE WHOLE WHEAT BREAD, 1/2 SL SWEET TENDER PEAS, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> CHILLED DICED PEARS</p>	<p><b>FEBRUARY 3</b> CHEESE PIZZA, 1 SL FRESH BABY CARROTS W/RANCH DIP, 1/4 C CHILLED DICED PEACHES, 3/8 C <b>TODS AND TWOS</b> CARROT COINS</p>
<p><b>FEBRUARY 6</b> MACARONI &amp; CHEESE, 1/2 C SWEET TENDER PEAS, 1/4 C WHOLE WHEAT BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 7</b> HAWAIIAN BEEF &amp; TURKEY MEATBALLS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>FEBRUARY 8</b> WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE, 1/2 C W/ BEEF CRUMBLES, &amp; STEWED TOMATOES STEAMED GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE</p>	<p><b>FEBRUARY 9</b> BAKED CHICKEN PARMESAN, 1/2 C DICED CHICKEN BRST, MARINARA, MOZZ &amp; PARM CHEESES CAESAR SALAD W/ ROMAINE DRESSING &amp; PARMESAN, 1/4 C WHOLE WHEAT BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MIXED FRUIT IN JUICE 3-WAY HOT MIXED VEGGIE</p>	<p><b>FEBRUARY 10</b> CHICKEN BREAST CHUNK BONELESS WING DING, 2 EA W/ KETCHUP WHOLE WHEAT BREAD, 1/2 SL TOSSED SALAD W/ GREEN LEAF &amp; SPINACH W/ CREAMY RANCH DRESSING, 1/4 C CHILLED DICED PEACHES, 3/8 C <b>TODS AND TWOS</b> GREEN BEANS</p>
<p><b>FEBRUARY 13</b> BEEF &amp; TURKEY MEATBALLS &amp; GRAVY, 3 EA WHOLE WHEAT BREAD, 1/2 SL CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C</p>	<p><b>FEBRUARY 14</b> *J D WALKING TACO* NACHO MEAT, 1 OZ ( BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1/2 OZ 1OZ BAG TOSTITOS GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> APPLESAUCE WHL WHEAT BREAD</p>	<p><b>FEBRUARY 15</b> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA WHOLE GRAIN RICE, 1/4 C WHOLE WHEAT BREAD, 1/2 SL FRESH BROCCOLI &amp; CARROTS W/ DIP, 1/4 C PINEAPPLE TIDBITS, 3/8 C <b>TODS AND TWOS</b> CHILLED DICED PEACHES GREEN BEANS</p>	<p><b>FEBRUARY 16</b> WHL GRAIN SPAGHETTI PASTA W/MEAT MARINARA W/ MARINARA MEAT SAUCE, 1/2 C TOSSED SALAD W/ GREEN LEAF &amp; SPINACH W/ CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA WHOLE WHEAT BREAD, 1/2 SL <b>TODS AND TWOS</b> SWEET TENDER PEAS</p>	<p><b>FEBRUARY 17</b> GRILLED TURKEY SLIDERS ON WHOLE WHEAT ROLL, 1 EA W/ KETCHUP 5-WAY HOT MIXED VEGETABLE, 1/4 C CHILLED DICED PEACHES, 3/8 C <b>TODS AND TWOS</b> CARROT COINS</p>
<p><b>FEBRUARY 20</b>  <b>PRESIDENTS' DAY</b>  <b>HOLIDAY !!!</b></p>	<p><b>FEBRUARY 21</b> CREAMY CHICKEN W/ PARMESAN CORN FLAKE TOPPING, 1/3 C WHOLE GRAIN BREAD, 1/2 SL MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> 3-WAY HOT MIXED VEGGIE</p>	<p><b>FEBRUARY 22</b> ITALIAN BEEF &amp; TURKEY MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C</p>	<p><b>FEBRUARY 23</b> NACHO MEAT, 1 OZ ( BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> W0 WHEAT BREAD/CARROT COINS APPLESAUCE</p>	<p><b>FEBRUARY 24</b> BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE PATTY, 1 EA FRESH ORANGE WEDGES, 4 PCS <b>TODS AND TWOS</b> MIXED FRUIT IN JUICE</p>
<p><b>FEBRUARY 27</b> TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C CHILLED DICED PEARS, 3/8 C <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>FEBRUARY 28</b> LEAN BEEF CHEESEBURGER , 1 EA HAMBURGER ROLL, 1 EA SLICE CHEESE &amp; CATSUP, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT, 3/8 C <b>TODS AND TWOS</b> GREEN BEANS MIXED FRUIT IN JUICE</p>	<p><b>FEBRUARY 29</b> CHICKEN STRIPS W/ FAJITA SEASONING, 1 1/2 OZ LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE</p>		

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

6 oz milk required with each meal

